Before we die, we want to know some pretty simple things: who are we? How can we live an authentic human life? When should we be selfish, and when should we sacrifice? What does true happiness look like? This course explores these questions as they arise in the Hindu, Buddhist, Confucian, and Daoist traditions. We study these traditions as potential sources of wisdom and insight into the nature of the world around us and our place within it.

GE credit for Literature and Diversity: Global Studies.